

Caring for Your Crown

Long-Term Home Care — Take-Home Instructions

A well-made crown can last 10–15 years or more — that depends on keeping the natural tooth and gum underneath it healthy, since the crown itself can't decay.

Brushing

Twice a day with a soft-bristled brush, paying close attention to the gumline where the crown meets your natural tooth — that seam is where plaque collects and a cavity can start.

Flossing

Floss around the crown the same way as a natural tooth — slide gently down each side and along the gumline rather than snapping the floss in and out.

Foods to Avoid

Very hard foods (ice, hard candy) and very sticky foods (caramel, taffy) put real stress on a crown and its cement — chewing ice is a common cause of a crown coming loose.

Call Us If

The crown feels loose or shifts, a spot becomes newly sensitive to hot/cold/sweets, or you notice persistent bad breath or taste localized to one area.